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AN ONLINE WORKSHOP

ON

**BASICS OF RECORDING, ANALYSIS AND INTERPRETATION OF HEART RATE VARIABILITY IN YOGA RESEARCH
(ORGANIZED BY : PATANJALI RESEARCH FOUNDATION & UNIVERSITY OF PATANJALI,
HARIDWAR, UTTARAKHAND)**

www.patanjaliresearchfoundation.com

Date :

FEB 27-28, 2023

Timing :

11:00 AM to 01:00 PM

**Last Date of
Registration**

February 15, 2023

TOPICS

- Recording, Analysis and Interpretation of Heart Rate Variability (HRV).
- Q and A and Discussion.

All Sessions will be in English

- Participants will receive a digital certificate of participation from Patanjali Research Foundation.

Fees

**INR 200 for Faculty Members
INR 100 for Students**

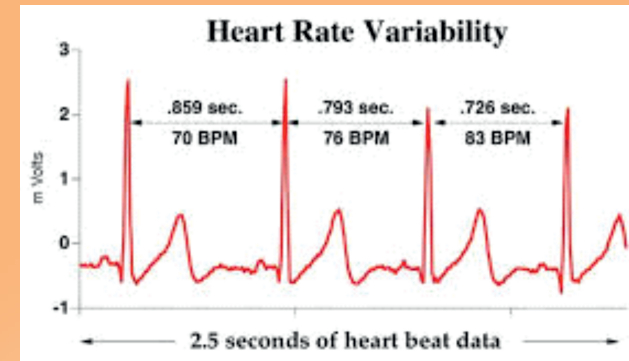
(Registration fee includes a link to attend the workshop and the presentations; also to participate in the contest; also access to presentations)

Payment Details

Mode of Payment : Online mode
Account Name : Patanjali Research Foundation
Account No. : 0000031313307494
IFSC : SBIN0012228
SWIFT Code : SBININBB225

Who Can Participate :

**The Workshop is
Intended for Students of Yoga
(Post Graduate & Ph.D)**



★ ★ ★
***AN ONLINE
PAPER PRESENTATION
CONTEST**

on Heart rate variability and yoga

FEB 28, 2023

Timing:

11:00 AM to 01:00 PM

★ ★ ★

Please email your transaction details along with attached filled registration form to workshop2023@prft.in
Phone: **+91 8954890184; +91 9997011072** (Available between 10:00 am to 05:00 pm IST)
Please download the registration form from our website www.patanjaliresearchfoundation.com



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AN ONLINE RESEARCH PAPER PRESENTATION CONTEST on

“Heart Rate Variability in Yoga Research”

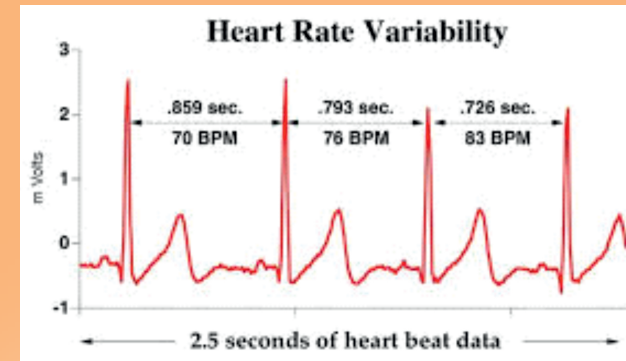
Organized by: Patanjali Research Foundation
& University of Patanjali, Haridwar, Uttarakhand

Date: FEB 28, 2023
Timing: 11:00 AM to 01:00 PM

The contest is part of an online workshop
For registration in the workshop
Please visit to www.patanjaliresearchfoundation.com

TOPIC: ANY RESEARCH STUDY INVOLVING HEART RATE VARIABILITY IN THE CONTEXT OF YOGA

- ➔ **Eligibility criteria for participants:** PG and Ph.D students of YOGA from any institution in India.
- ➔ **Registration:** The registration fee for the workshop includes the entrance to the contest (**INR 200** for general participants; **INR 100** for students).
- ➔ **Language:** English.
- ➔ **Mode:** ONLINE.
- ➔ **Guidelines for abstract submission:**
 - **Format requirements:** Time New Roman, 12 size.
 - **Type:** Structured abstract.
 - **Length:** Please submit an abstract up to **750 words**.
 - **Including Subsections:** The Background, Aim, Subjects, Ethics, Assessments, Study Design (Especially any Controls, Randomization, Blinding), Interventions (Yoga and others), Data Analysis, Results, Conclusions and Limitations of the study.
 - **INCLUDE:** ANY STUDY COMPLETED IN 2022 (PUBLISHED OR UNPUBLISHED) IN WHICH THE PRESENTER WAS THE MAIN RESEARCHER. Each submission should include a note to this effect.
 - **Deadline:** February 15th, 2023.
 - **Mail @:** workshop2023@prft.in
- ➔ **Judging:** All abstracts will be reviewed by **2 experts**. The **6 best abstracts** will be selected for an ONLINE Power Point Presentation.



★ ★ ★
Announcing The
WINNER
The 2 Best Papers
will be Awarded
Certificates for
First & Second
Place

